Trains

• READ Find and check out *Trains Go* on Hoopla Digital. Have fun with the noises that the different trains make while reading this book.

• PLAY Lay your baby on his/her back and hold their hands. Move their hands in a circular motion like a train. Make a choo choo sound. Start with moving their hands slowly as the train starts then go faster and faster. As you start the motion slowly and say the words slowly and then more quickly your baby will be introduced to the concepts of slow and fast. End the train ride with a train whistle “Toot Toot.”

• WRITE Developing fine motor skills helps kids learn to write. A great way for babies to increase some motor skill is to grip items. Find a toy train and have your baby hold onto it while you move it around. Be sure to add sounds to make it more fun.

• TALK This fun, silly rhyme provides another opportunity for your baby to hear a word and action together. Repetition helps learning so try the rhyme a couple times.
  • [www.youtube.com/watch?v=OZOq5Wiiox8](http://www.youtube.com/watch?v=OZOq5Wiiox8)